Client Name: Date:

Email Address: Phone Number:

**Today’s Energy Release**

Energies worked on today:

|  |  |
| --- | --- |
| **BASIC TESTING** | **COMPLETED/RELEASED TODAY** |
| Level: |  |
| Vibrations: |  |
| Spirit in the Body: |  |
| Spirit in one or more pieces: |  |
| Heart in one or more pieces: |  |
| Rebellious Spirits/Portals: |  |
| Self-Destructive Tools of Dark influence: |  |
| Mind Subconscious Suggestions: |  |
| Intimidation Energy: |  |
|  |  |

HOMEWORK:

1. Loving Affirmations to assist in healing and creating new thought patterns:
2. Go outside in the sunshine. Stand facing the sun, palms facing out, head up:
   1. "I thank my body for lovingly caring for me. I no longer need to store the negative energies that have been released today. I invite and absorb into my meridian and body all of the elements and compounds that are critical and needed for my body to function properly and breakdown all ‘excess’ where all the negative energies were being stored. I also ask that the elements and compounds replace the parts of my body that have been depleted as a result of the negative energies. I ask that these elements and compounds be distributed to all of the proper locations within my body. I trust that my body will accept and utilize each of these elements and compounds for the benefit of my body."
3. Dream Shield – strongest when offered with every nap/bedtime AND Energies to assist in falling asleep
   1. I invite and absorb into my meridian- melatonin, lavender, cedarwood, kava, and St. Johns Wort. I invite these continuously into my meridian for the next 8 hours to be distributed to my muscles, and my mind and all other areas of my body for the purpose of restful sleep. I also ask for a **dream shield** to protect my dreams from rebellious spirits. I also ask for the Heavenly hammer to assist my body in falling asleep. I thank these elements for their love and service and assistance

How to simply clear your space:

1. “I bring to light all rebellious spirits and portals within me and my home.” (can include family members)
2. Give them a choice first – “You have a choice, to depart with your own free will OR I will cast you out”
3. Put your right arm to the square “In the name of Jesus Christ I command all remaining rebellious spirits to depart and to never to return. I seal any and all portals and command them to be never reopened.”
4. If any remain – “I ask for the light of Christ to shine upon my home/me and I ask for a magnifying glass to intensify this light.”
5. “I detach all the cords, I cut the cords with the flaming sword, I release the cords and I remove the cords”
6. “I now ask for all my shields to be restored to their proper function.”
7. If this doesn’t work or attacks continue – ask for a warrior angel to protect you/your home and ask for the angel’s assistance or call us for further assistance.
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